



# SPRING 2026 PROGRAMS

Groups run from April 8 – May 27 at Elk Grove Township

***Fees are waived for Elk Grove Township residents!***

## Growing Together Group (5<sup>th</sup> – 8<sup>th</sup> Grade)

***Wednesdays | 3:00pm – 4:15pm***

- Build friendships and grow as a team
- Practice confidence to navigate changes and prepare for new experiences
- Learn to manage emotions and resolve social conflicts



## Social Skills Group (2<sup>nd</sup> – 4<sup>th</sup> Grade)

***Wednesdays | 4:45pm – 6:00pm***

- Encourage positive decision-making and conflict resolution
- Build self-awareness and self-management Skills
- Promote positive social interactions with peers



## Girls Empowerment Group (5<sup>th</sup> – 7<sup>th</sup> Grade)

***Wednesdays | 6:30pm – 7:45pm***

- Cultivate confidence and resilience
- Build friendships and support networks
- Encourage positive self-expression and self-awareness

To register or for more information please scan the  
QR code or contact Youth Services at 847-981-0375  
or [youthservices@elkgrovetownship.com](mailto:youthservices@elkgrovetownship.com)

