



Elk Grove Township Youth Services

Supporting Your Child's Social & Emotional Health

WINTER 2026 PROGRAMS

Groups run from Jan. 13 – Mar. 18 at Elk Grove Township

Fees are waived for Elk Grove Township residents!

Skills for Success (9th – 12th Grade)

Tuesdays | 4:30pm – 5:45pm

- Build practical, real-life skills for everyday success
- Foster a strong sense of personal responsibility
- Encourage confident and thoughtful decision-making

Growing Together Group (5th – 8th Grade)

Wednesdays | 3:00pm – 4:15pm

- Build friendships and grow as a team
- Practice confidence to navigate changes and prepare for new experiences
- Learn to manage emotions and resolve social conflicts

Social Skills Group (2nd – 4th Grade)

Wednesdays | 4:45pm – 6:00pm

- Encourage positive decision-making and conflict resolution
- Build self-awareness and self-management Skills
- Promote positive social interactions with peers

Girls Empowerment Group (5th – 8th Grade)

Wednesdays | 6:30pm – 7:45pm

- Cultivate confidence and resilience
- Build friendships and support networks
- Encourage positive self-expression and self-awareness

To register or for more information please scan the QR code or contact Youth Services at 847-981-0375 or youthservices@elkgrovetownship.com

