



# Elk Grove Township Youth Services

*Supporting Your Child's Social & Emotional Health*

## FALL 2025 PROGRAMS

**Groups run from Sept. 16 – Nov. 19 at Elk Grove Township**

***Fees are waived for Elk Grove Township residents!***

### Skills for Success (9<sup>th</sup> – 12<sup>th</sup> Grade)

*Tuesdays | 4:30pm – 5:45pm*

- Build practical, real-life skills for everyday success
- Foster a strong sense of personal responsibility
- Encourage confident and thoughtful decision-making



### Growing Together Group (5<sup>th</sup> – 8<sup>th</sup> Grade)

*Wednesdays | 3:00pm – 4:15pm*

- Build friendships and grow as a team
- Practice confidence to navigate changes and prepare for new experiences
- Learn to manage emotions and resolve social conflicts



### Social Skills Group (2<sup>nd</sup> – 4<sup>th</sup> Grade)

*Wednesdays | 4:45pm – 6:00pm*

- Encourage positive decision-making and conflict resolution
- Build self-awareness and self-management Skills
- Promote positive social interactions with peers



### Girls Empowerment Group (5<sup>th</sup> – 8<sup>th</sup> Grade)

*Wednesdays | 6:30pm – 7:45pm*

- Cultivate confidence and resilience
- Build friendships and support networks
- Encourage positive self-expression and self-awareness

**To register or for more information please scan the QR code or contact Youth Services at 847-981-0375 or [youthservices@elkgrovetownship.com](mailto:youthservices@elkgrovetownship.com)**

