

# **Elk Grove Township Youth Services**

Supporting Your Child's Social & Emotional Health



SUMMER 2025 PROGRAMS

Fees are waived for Elk Grove Township residents! \*All grade levels are for SY '25/'26

# Groups run from June 17 - July 8 at Elk Grove Township

#### Growing Together Group (6<sup>th</sup> - 8<sup>th</sup> Grade) Tuesdays | 12:00pm - 2:00pm

- Build friendships and grow as a team
- Practice confidence to navigate changes and prepare for new experiences
- Learn to manage emotions and resolve social conflicts

## Social Skills Group (3<sup>rd</sup> - 5<sup>th</sup> Grade) Tuesdays | 3:00pm - 5:00pm

- Encourage positive decision-making and conflict resolution
- Build self-awareness and self-management Skills
- Promote positive social interactions with peers

# Groups run from July 2 - July 30 at Elk Grove Township

#### Skills for Success (9<sup>th</sup> - 12<sup>th</sup> Grade) Wednesdays | 1:00pm - 3:00pm

- Strengthen decision-making and grow a sense of personal responsibility
- Prepare for challenges with confidence and connection
- Build real life skills like time-management and communication in a supportive space

## Girls Empowerment Group (5<sup>th</sup> - 8<sup>th</sup> Grade) Wednesdays | 4:00pm - 6:00pm

- Cultivate confidence and resilience
- Build friendships and support networks
- Encourage positive self-expression and self-awareness

To register or for more information please scan the QR code or contact Youth Services at 847-981-0375 or <u>youthservices@elkgrovetownship.com</u>

