



## **Elk Grove Township Youth Services**

Supporting Your Child's Social & Emotional Health

## SPRING 2025 PROGRAMS

Groups run from Apr. 9 - May 28\* at Elk Grove Township Fees are waived for Elk Grove Township residents!

Social Skills Group (2nd - 4th Grade)
Wednesdays from 3:30pm - 5:00pm

- Encourage Positive Decision-Making and Conflict Resolution
- Build Self-Awareness and Self-Management Skills
- Promote Positive Social Interactions with Peers

## Girls Empowerment Group (4th - 6th Grade) Wednesdays from 5:30pm - 7:00pm

- Cultivate Confidence and Resilience
- Build Friendships and Support Networks
- Encourage Positive Self-Expression and Self-Awareness

Social Empowerment Group Drop-In (5th - 8th Grade)
\*Every 3rd Tuesday of each month 3:30pm- 4:45pm
(Apr. 15, May 20)

- Foster Inclusivity and Self-Awareness
- Promote Positive Peer Interaction

To register or for more information please scan the QR code or contact Youth Services at 847-981-0375 or <a href="mailto:youthservices@elkgrovetownship.com">youthservices@elkgrovetownship.com</a>

