



#EGTYouthServices

# Elk Grove Township Youth Services

*Supporting Your Child's Social & Emotional Health*

## WINTER 2025 PROGRAMS

**Groups run from Jan. 15 – Mar. 19\* at Elk Grove Township**

***Fees are waived for Elk Grove Township residents!***

### Social Skills Group (2nd – 4th Grade)

*Wednesdays from 3:30pm – 5:00pm*

- Encourage Positive Decision-Making and Conflict Resolution
- Build Self-Awareness and Self-Management Skills
- Promote Positive Social Interactions with Peers

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### Girls Empowerment Group (4th – 6th Grade)

*Wednesdays from 5:30pm – 7:00pm*

- Cultivate Confidence and Resilience
- Build Friendships and Support Networks
- Encourage Positive Self-Expression and Self-Awareness

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### Social Empowerment Group Drop-In (5th – 8th Grade)

*\*Every 3rd Tuesday of Each Month 3:30pm- 4:45pm*

*(Jan. 21, Feb. 18, Mar. 18, Apr. 15, May 20)*

- Foster Inclusivity and Self-Awareness
- Promote Positive Peer Interaction

**To register or for more information please scan the QR code or contact Youth Services at 847-981-0375 or [youthservices@elkgrovetownship.com](mailto:youthservices@elkgrovetownship.com)**

