

Elk Grove Township Youth Services

Supporting Your Child's Mental Health



Are you looking to provide your middle schooler an opportunity to be heard? SOCIAL SKILLS GROUPS

This program is specifically tailored for students facing social skills challenges, offering a flexible and distinctive approach. It aims to enhance social skills and promote social-emotional learning by addressing individual social needs. Youths will learn about themselves and their peers by participating in active challenges and group discussions. We emphasize empowering youths to cultivate effective strategies for navigating their daily routines.

Key topics include:

- Recognizing & Managing Emotions
- Social Awareness
- Perspective Taking
- Self Awareness
- Friendship Management

5:00 p.m. - 6:15 p.m. (2nd - 5th Grade) This group meets weekly on Wednesdays Wednesdays April 3rd - May 22nd

Fees have been waived for Elk Grove Township residents.

To register or for more information contact Renee Dorn at 847-981-0375, <u>RDorn@elkgrovetownship.com</u> or scan the QR code.



600 Landmeier Road, Elk Grove Village, IL 60007