



#EGTYouthServices

Elk Grove Township Youth Services

Supporting Your Child's Mental Health



Are you looking to provide your middle schooler an opportunity to be heard?

MIDDLE SCHOOL LEADERSHIP & EMPOWERMENT GROUP

Through a combination of physical initiatives and group discussions, youth will gain valuable insight into themselves and others. In a fun interactive environment, they develop skills that will help them socialize appropriately within a group of their peers. We focus on empowering the youth to develop strategies that help manage their daily lives.

Key topics include:

- **Self-esteem**
- **Peer Pressure**
- **Support Network**
- **Listening & Conversing**
- **Overcoming Fear**

3:30 p.m. - 4:45 p.m. (6th - 8th Grade)

This group meets weekly on Wednesdays

Wednesdays April 3rd - May 22nd

Fees have been waived for Elk Grove Township residents.

To register or for more information contact

Renee Dorn at 847-981-0375,

RDorn@elkgrovetownship.com

or scan the QR code.



600 Landmeier Road, Elk Grove Village, IL 60007