SOME SAMPLE RAIN GARDEN PLANTS



Arrowhead Sagittaria latifolia



Bottlebrush sedge Carex hystericina



Lobelia cardinalis (2-4' High, Blooms: July-Sept.)



False Dragon's Head Culver's root Veronicastrum virginicum (3-5' High, Blooms: July-Aug.) Physostegia virginiana (1-4' High, Blooms: July-Sept.)



Carex vulpinoidea (1-3' High, Blooms: June-Aug.)



Great blue lobelia Golden Alexander Lobelia siphilitica Zizia aurea (1-2' High, Blooms: May-June)





Green bulrush Scirpus atrovirens



Purple prairie clover Dalea purpurea (1-2' High, Blooms: June-Aug.)



Mountain mint Pycnanthemum virginianum



New England aster Aster novae-angliae (1-4' High, Blooms: Aug.-Oct.)



Prairie blazing star Liatris pycnostachya



River bulrush Scirpus fluviatilis



Dogtooth Daisy Helenium autumnale



Soft-stemmed bulrush Scirpus validus



Spotted Joe-pye Eupatorium maculatum



Solidago rigida



Red milkweed Asclepias incarnata



Acorus calamus



Torrey's rush Juncus torreyi



Alisma subcordatum



Monarda fistulosa



iris virginica shrevei

Brochure design courtesy of Applied Ecological Services, Inc. Want more information? Call or visit us at www.appliedeco.com



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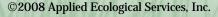
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For more details on Rain Garden construction, go to: www.dnr.state.wi.us/org/water/wm/dsfm/shore/raingarden.htm.

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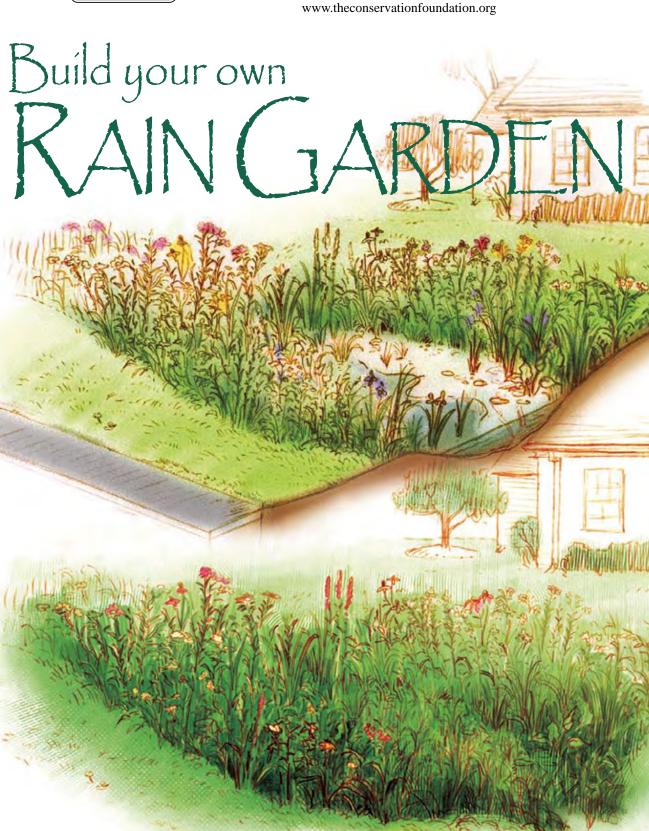




A "Rain Garden" is simply a shallow depression in your yard that's planted with native wetland or wet-prairie wildflowers and grasses. Its purpose is to gather, filter and infiltrate rainwater into the ground (restoring the aquifer), provide habitat for wetland fauna and deliver enjoyment for its owner (that's you!).







What is a Rain Garden?

A Rain Garden is simply a shallow depression that is planted with native wetland or wet-prairie wildflowers and grasses. It is designed to collect water that runs off your roof or is discharged from your sump pump. Rain Gardens are gaining popularity for three reasons:

- 1. Rain Gardens make good use of stormwater runoff; the native plants filter and clean runoff before infiltrating it into the ground, to restore the aquifer (our underground water supply). And by keeping runoff out of storm drains, rain gardens also help protect water quality in local lakes and streams.
- 2. Rain Gardens are planted with beautiful, hardy, lowmaintenance native perennial plants.
- 3. Rain Gardens provide food and shelter for birds, butterflies and beneficial insects, such as mosquitodevouring dragonflies!

Simple Construction

It's easy! Just follow these easy steps:

1. Dig a shallow depression with a level bottom. Size depends on your type of soil and the area of your roof and/or drainage area. A good guesstimate is 20% of your



drain area if your soil is sandy, 30% for loam, and 40-50% for clay.

Pick a naturally low spot in your yard at least 10 feet from your house. Full sun is best for the two example designs below. Try to choose a spot that gets at least a half-day of sunlight.

A depression of two to six inches is fine. Slope the sides gradually from the edge to the level bottom. For heavy clay soils, dig the rain garden deeper or mix topsoil with

sand and compost to improve drainage. Test this with a garden hose. French drains can also aid infiltration.

- 2. Direct your downspout or sump pump outlet to your Rain Garden, either by digging a shallow swale—a linear depression designed to channel water—or by routing it through a buried 4" PVC pipe.
- 3. Plant your raingarden with native plants appropriate for your soil type and sun/shade conditions. See the examples below for ideas.
- 4. If it doesn't rain, water your planting every other day for the first few weeks, until plants are growing and well-established.

Vv (5)

Ha (6)

Pv (6)

Once your native Rain Garden plants are established, they'll thrive without additional watering. Fertilizers are not recommended.

Za (6)

Too much of a good thing

During heavy rains, your rain garden may overflow. Make sure this overflow follows the drainage pattern originally designed for your lot. Test this by filling your depression with a garden hose and watching the overflow. If needed, dig a shallow swale to direct overflow toward the street or other downhill areas away from buildings.



enough for mosquitoes to reproduce, but even if they do, dragonflies, swallows and other natural controls will keep them in check.

- Come spring, mow and remove dead vegetation. Or burn it off if your fire-department regulations allow. Native plants thrive with fire management.
- Place natural rocks, bird houses, a bench or garden ornaments in and around your Rain Garden! Have fun with your own backyard landscape.
- Add plenty of native sedges and grasses to physically support taller species (hold them upright) and provide a visually textured

background that ties the garden together. The Conservation Foundation...

... is a nonprofit organization dedicated to preserving open space and natural lands, protecting rivers and watersheds, and promoting stewardship of the environment in N.E. Illinois.

Established in 1972, we work closely with citizens, elected

officials, developers, land-use planners, park districts and forest preserves. We have helped protect more than 30,000 acres of open space.

The Conservation Foundation has more than 4,500 donors and members, and 500 volunteers.

Our main office is at the McDonald Farm in Naperville, IL., with another at the Dickson-Murst Farm in Montgomery, IL. For more information, visit www.theconservationfoundation.org.

_ocal (jenotypes

Make sure the genotype of the plants/seed you use is proper for your area. A Yellow Coneflower from Texas isn't the same as a Yellow Coneflower from Minnesota, and shouldn't be planted there. It might not do well – or worse, it might do too well and crowd out surrounding species. Avoid this by using genotypes proper for your area. Unfortunately, growers who sell non-local genotypes (knowingly or not) may not even keep collection or source records, so the only dependable strategy is to buy from well-respected growers with established track records.

More lips

- · Weed biweekly until native plants are established.
- They stimulate weeds without benefitting your native plants.
- Don't worry about mosquitoes. A proparly constructed rain garden will not hold water long

• Avoid using lawn fertilizers near the Rain Garden.

EXAMPLE RAIN GARDEN for Well-Drained to Sandy Soils



	No. 18				X	Dp (4)	10 ft. —		\rightarrow
Abbrev.	Common Name	Species Name	No. of Plants	Shopping List	Abbrev.	Common Name		No. of Plants	Sho _l
An Dp Em Ha Jt Lp	New England aster Purple prairie clover Spotted Joe-Pye Dogtooth Daisy Torrey's rush Prairie blazing star Cardinal flower	Aster novae-angliae Dalea purpurea Eupatorium maculatum Helenium autumnale Juncus torreyi Liatris pycnostachya	6 4 3 6 5 4		Mf Pv Sa Sr Vv Za	Wild bergamot Mountain mint Green bulrush Stiff goldenrod Culver's root Golden Alexander	Monarda fistulosa Pycanthemum virginianum scirpus atrovirens Solidago rigida Veronicastrum virginicum Zizia aurea	5 3	
Lc Ls	Great blue lobelia	Lobelia cardinalis	4 6				Total Plants Needed	70	

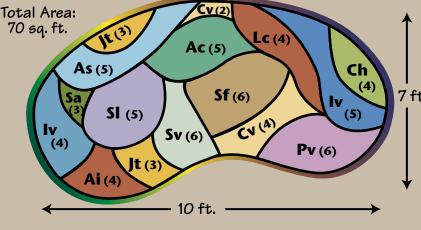
Total Area:

70 sq. ft.

EXAMPLE RAIN GARDEN for Clay Soils



Abbrev.	Common Name	Species Name	No. of Plants	Shoppii List
Ac	Sweet flag	Acorus calamus	5	
Ai	Red milkweed	Asclepias incarnata	4	
As	Water plantain	Alisma subcordatum	1 5	
Ch	Bottle brush sedge	Carex hystricina	4	
Cv	Fox sedge	Carex vulpinoidea	6	
Iv	Wild blue flag iris	Iris virginica shreve	i 9	
Jt	Torrey's rush	Juncus torreyi	6	



Abbrev.	Common Name	Species Name	No. of Plants	Shopping List
Lc	Cardinal flower	Lobelia cardinalis	4	
Pv	False dragon's head	Physostegia virginiai	na 6	
Sl	Arrowhead	Sagittaria latifolia	5	
Sa	Green bulrush	Scirpus atrovirens	3	
Sf	River bulrush	Scirpus fluviatilis	6	
Sv	Soft-stemmed bulrush	Scirpus validus	6	
	_	Total Plants Needed	69	