

ELK GROVE TOWNSHIP YOUTH SERVICES

GIRL POWER

A GIRLS EMPOWERMENT GROUP



**Groups meet at
Youth Services
2025 S. Arlington Hts.
Rd. Suite 120
Arlington Heights, IL
60005**

**Space is Limited
Register Early**

WHAT IS GIRL POWER?

A group for girls to help strengthen self-esteem, self-perception, and resiliency.

WHOM:

Separate groups are designed for children and adolescents.

TOPICS WILL INCLUDE:

Promoting self-esteem, Creating positive self-image, Handling peer pressure, Health and fitness, and Becoming a positive role model.

COST:

\$110.00 for the eleven-week session. Partial scholarships maybe available for Elk Grove Township Residents

For more information about dates and times contact:

**Renee Dorn, Challenge Coordinator
(847) 981-0373 or rdorn@elkgrovetownship.com**